# THE $\alpha$ -METHOD FOR SOLVING AND REFINING SYMMETRICAL AND HOMOGENEOUS INEQUALITIES

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Abstract. The new  $\alpha$ -method for solving and refining symmetrical and homogenous algebraic inequalities in three variables was proposed in [1]. In this work we present more details about this method, and apply it to solve and generalise a wide range of inequalities published in Crux.

#### 1. Introduction

Recently, M. Drăgan has proposed a new method for solving and refining symmetrical and homogeneous algebraic inequalities in three variables [1]. This method links the symmetric sums of three variables in a way which enables fine comparisons between expressions which involve them.

In the first part of this paper we present the " $\alpha$ -method", which we apply in the second part to solve some inequalities published in this journal.

**Theorem 1.1.** [The  $\alpha$ -method] Let x, y, z be positive numbers. We denote:

$$s = x + y + z, \quad p = xyz, \quad \alpha = (x + y + z) \left(\frac{1}{x} + \frac{1}{y} + \frac{1}{z}\right) \ge 9,$$

$$t_{1,2} = \frac{\alpha^2 + 18\alpha - 27 \pm \sqrt{(\alpha - 1)(\alpha - 9)^3}}{8}$$

$$t_3 = 4\alpha - 9, \quad t_4 = \frac{\alpha^3}{4\alpha - 9}, \quad t = \frac{(x + y + z)^3}{xyz} \ge 27.$$

The following inequalities hold:

$$(1) t_3 \le t_1 \le t \le t_2 \le t_4.$$

*Proof.* We first prove that 
$$t_3 \le t \le t_4$$
. By Schur's inequality we have  $s^3 + 9p \ge 4s \sum xy$  or  $t = \frac{s^3}{p} \ge 4\alpha - 9$  or  $t \ge t_3$ .

Also from Schur we get 
$$\left(\sum \frac{1}{x}\right)^3 + \frac{9}{xyz} \ge 4\sum \frac{1}{xy}\sum \frac{1}{x}$$
, or  $\frac{\alpha^3}{4\alpha - 9} = t_4 \ge t$ .

We now prove that  $t_1 \leq t \leq t_2$ .

Indeed, one can check that x, y, z are the positive roots of the equation  $x^3 - \sigma_1 x^2 + \sigma_2 x - \sigma_3 = 0$ , where  $\sigma_1, \sigma_2, \sigma_3$  are the symmetric sums

$$\sigma_1 = x + y + z, \quad \sigma_2 = xy + yz + zx, \quad \sigma_3 = xyz$$

Then, it is known that [4]:

$$18\sigma_1\sigma_2\sigma_3 - 4\sigma_1^3\sigma_3 + \sigma_1^2\sigma_2^2 - 4\sigma_2^3 - 27\sigma_3^2 \ge 0.$$

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If we replace  $\sigma_1 = s$ ,  $\sigma_2 = \frac{p\alpha}{s}$ ,  $\sigma_3 = p$ , this becomes

$$18\alpha - 4t + \alpha^2 - \frac{4\alpha^3}{t} - 27 \ge 0,$$

which is equivalent to  $t \in [t_1, t_2]$ .

Using the previous notations, the symmetric and homogeneous inequalities in three variables of the form  $F(a,b,c) \geq 0$ , can be rewritten as  $f(t) = g(t,\alpha) \geq 0$ ,  $t \in [t_1,t_2]$  or  $t \in [t_3,t_4]$  with  $\alpha \geq 9$  fixed.

The monotonicity of the function f (defined in various problems) on the intervals  $[t_1, t_2]$  or  $[t_3, t_4]$  will allow us to prove many symmetric inequalities. In particular, we recover some results published in Crux Mathematicorum.

#### 2. Applications

**Application 2.1.** Let a, b, c be positive numbers and  $\alpha = (\sum a) \left(\sum \frac{1}{a}\right)$ . Prove that

$$\frac{4(a^2+b^2+c^2)}{ab+bc+ca} + \frac{2(ab+bc+ca)}{a^2+b^2+c^2} \leq \frac{4\alpha^3}{4\alpha-9} + \frac{8\alpha-18}{\alpha^2-8\alpha+18} - 8.$$

**Solution.** Writing the left-hand side in the  $\alpha$  notation we obtain

$$\frac{4\sum a^2}{\sum ab} + \frac{2\sum ab}{\sum a^2} = \frac{4(s^3-2p\alpha)}{p\alpha} + \frac{2p\alpha}{s^3-2p\alpha} = \frac{4t}{\alpha} - 8 + \frac{2\alpha}{t-2\alpha}.$$

Let us consider the function  $f:[t_3,t_4]\to\mathbb{R}$  defined as

(2) 
$$f(t) = \frac{4t}{\alpha} - 8 + \frac{2\alpha}{t - 2\alpha}.$$

Clearly for 
$$t \ge t_3$$
, we have  $f'(t) = \frac{4}{\alpha} - \frac{2\alpha}{(t-2\alpha)^2} \ge \frac{4}{\alpha} - \frac{2\alpha}{(2\alpha-9)^2}$ 

But 
$$\frac{4}{\alpha} - \frac{2\alpha}{(2\alpha - 9)^2} \ge 0$$
 if  $\alpha \ge \frac{36 + 9\sqrt{2}}{7} \simeq 6, 36$ , so true as  $\alpha \ge 9$ .

Since  $f'(t) \ge 0$ ,  $\forall t \in [t_3, t_4]$ , function f is increasing on  $[t_3, t_4]$ . Hence

$$f(t) \le f(t_4) = \frac{4\alpha^2}{4\alpha - 9} + \frac{8\alpha - 18}{\alpha^2 - 8\alpha + 18} - 8.$$

Remark 2.1. Since

$$\frac{4\alpha^2}{4\alpha - 9} + \frac{8\alpha - 18}{\alpha^2 - 8\alpha + 18} - 8 - \alpha + 3 = \frac{-(\alpha - 9)(11\alpha^2 - 66\alpha + 108)}{(4\alpha - 9)(\alpha^2 - 8\alpha + 18)} \le 0, \ \forall \, \alpha \ge 9,$$

we obtain

$$\frac{4\alpha^2}{4\alpha - 9} + \frac{8\alpha - 18}{\alpha^2 - 8\alpha + 18} - 8 \le \alpha - 3 = \sum_{n=0}^{\infty} \frac{b + c}{a}.$$

Application 2.1 represents a refinement of Problem 4497 (Crux Math. dec. 2019), author Hoong Le Nhat Tung, with the statement:

Consider a, b, c positive numbers. Prove that

$$\frac{b+c}{a} + \frac{c+a}{b} + \frac{a+b}{c} \ge \frac{4(a^2+b^2+c^2)}{ab+bc+ca} + \frac{2(ab+bc+ca)}{a^2+b^2+c^2}$$

**Application 2.2.** Let a, b, c be positive real numbers and define the expression  $\alpha = (\sum a) \left(\sum \frac{1}{a}\right)$ . Prove that

$$\sum \frac{1}{a^2} - 27 \left( \sum \frac{ab}{c} \right)^{-2} \ge \frac{1}{3} \sum \left( \frac{1}{a} - \frac{1}{b} \right)^2 + \frac{4(a+b+c)(\alpha-9)(4\alpha-9)}{3abc(2\alpha-9)^2} \, .$$

**Solution.** Clearly, we have the identities

$$\sum \frac{1}{a^2} = \left(\sum \frac{1}{a}\right)^2 - 2\sum \frac{1}{bc} = \frac{\alpha^2}{s^2} - \frac{2s}{p}$$
$$\left(\frac{\sum ab}{c}\right)^{-2} = \left(\frac{\prod a}{\sum a^2b^2}\right)^{-2} = \frac{s^4}{(p\alpha^2 - 2s^3)^2}$$
$$\sum \left(\frac{1}{a} - \frac{1}{b}\right)^2 = \frac{2\alpha^2}{s^2} - \frac{6s}{p}.$$

In this notation, for  $t \in [t_3, t_4]$  we obtain

$$\sum \frac{1}{a^2} - 27 \left( \sum \frac{ab}{c} \right)^{-2} - \frac{1}{3} \sum \left( \frac{1}{a} - \frac{1}{b} \right)^2$$

$$= \frac{1}{3} \frac{\alpha^2}{s^2} - \frac{27s^4}{(p\alpha^2 - 2s^3)^2}$$

$$= \frac{s}{p} \left( \frac{\alpha^2}{3t} - \frac{27t}{(\alpha^2 - 2t)^2} \right) = \frac{s}{p} f(t),$$

where the function  $f:[t_3,t_4]\to\mathbb{R}$  is defined by

(3) 
$$f(t) = \frac{\alpha^2}{3t} - \frac{27t}{(\alpha^2 - 2t)^2}.$$

If follows that  $f'(t) = \frac{-\alpha^2}{3t^2} - \frac{27(\alpha^2 + 2t)}{(\alpha^2 - 2t)^3}, t \in [t_3, t_4].$ 

Since  $t \le t_4 = \frac{\alpha^3}{4\alpha - 9} \le \frac{\alpha^2}{2}$ ,  $\forall \alpha \ge 9$ , we have  $\alpha^2 - 2t > 0$ . Since f'(t) < 0,  $\forall t \in [t_3, t_4]$ , function f is decreasing on  $[t_3, t_4]$  or

$$f(t) \ge f(t_4) = \frac{4(\alpha - 9)(4\alpha - 9)(a + b + c)}{3(2\alpha - 9)^2 abc}, \ \forall \alpha \ge 9,$$

which proves the inequality.

Remark 2.2. Application 2.2 is a refinement of Problem 2930, 3/2023 from Crux Mathematicorum, authored by José Díaz Barrero:

Suppose that a, b, c are positive real numbers. Prove that

$$\frac{1}{a^2} + \frac{1}{b^2} + \frac{1}{c^2} - 27\left(\frac{ab}{c} + \frac{bc}{a} + \frac{ca}{b}\right)^2 \ge$$

$$\ge \frac{1}{3} \left[ \left(\frac{1}{a} - \frac{1}{b}\right)^2 + \left(\frac{1}{b} - \frac{1}{c}\right)^2 + \left(\frac{1}{c} - \frac{1}{a}\right)^2 \right]$$

**Application 2.3.** Let a, b and c be positive real numbers such that  $\sum a^2 = 1$  and consider  $\alpha = (\sum a) \left(\sum \frac{1}{a}\right)$ . Prove that

$$\sum a^{2} \sum \frac{1}{a^{2}} \ge 3 + \frac{2 \sum a^{3}}{abc} + \frac{(\alpha - 9) \left(\alpha - 5 - \sqrt{(\alpha - 1)(\alpha - 9)}\right)}{4}.$$

Solution. One can write

$$\sum_{a} a^{2} \sum_{b} \frac{1}{a^{2}} - 3 - \frac{2 \sum_{b} a^{3}}{abc} = \frac{s^{3} - 2\alpha p}{s} \cdot \frac{\alpha^{2} - 2s^{3}}{ps^{2}} - 3 - \frac{2(s^{3} - 3\alpha p + 3p)}{p}.$$

Consider the function  $f:[t_1,t_2]\to\mathbb{R}$  defined as

$$f(t) = \frac{(t - 2\alpha)(\alpha^2 - 2t)}{t} - 3 - 2(t - 3\alpha + 3),$$

for which  $f'(t) = \frac{2(\alpha^3 - 2t^2)}{t}$  and  $t_0 = \sqrt{\frac{\alpha^3}{2}}$  is a critical point. We have  $t_2 \leq t_0$ . We distinguish two cases, according to Wolphram Alpha.

Case 1.  $9 \le \alpha \le \alpha_0 = 3\left(3 + \sqrt{3} + \sqrt{9 + 6\sqrt{3}}\right) \simeq 27.40$ . In this case  $t_0 \le t_1 \le t_2$ , hence f is decreasing, so

$$f(t) \ge f(t_2) = \frac{(\alpha - 9)(\alpha - 5 - \sqrt{(\alpha - 1)(\alpha - 9)}}{4}.$$

Case 2.  $\alpha > \alpha_0$ .

In this case  $t_1 \leq t_0 \leq t_2$ , hence  $f(t) \geq \min\{f(t_1), f(t_2)\} = f(t_2)$  since

$$f(t_1) = \frac{(\alpha - 9)(\alpha - 5 + \sqrt{(\alpha - 1)(\alpha - 5)}}{4}.$$

So in both cases  $f(t) \ge \frac{(\alpha - 9)(\alpha - 5 - \sqrt{(\alpha - 1)(\alpha - 5)}}{4} \ge 0$ .

**Remark 2.3.** Application 2.3 is a refinement of Problem 2532 in Crux Mathematicorum by Ho-joo Lee with the statement:

Suppose that a, b, c are positive real numbers satisfying  $a^2 + b^2 + c^2 = 1$ . Prove that

$$\frac{1}{a^2} + \frac{1}{b^2} + \frac{1}{c^2} \ge 3 + \frac{2(a^3 + b^3 + c^3)}{abc}.$$

**Application 2.4.** Let a, b, c be the side lengths of a triangle with inradius r and circumradius R, semiperimeter s and  $\alpha = s \sum \frac{1}{s-a}$ . Prove that

$$\frac{12\alpha^3 + 28\alpha^2 - 75\alpha + 27}{18\alpha^3 + 12\alpha^2 - 31\alpha + 9} \le \sum_{cyclic} \frac{a}{2a + b + c} \le \frac{55\alpha - 111}{75\alpha - 163}.$$

**Solution.** Consider the substitution a = y + z, b = z + x, c = x + y.

We have 
$$\frac{R}{r} = \frac{\prod(y+z)}{4xyz}$$
,  $\alpha = s \sum \frac{1}{s-a} = \sum x \cdot \sum \frac{1}{x}$ .  

$$\sum_{cyclic} \frac{a}{2a+b+c} = \sum \frac{y+z}{2x+3y+3z}$$

$$= \frac{\sum_{cyclic} (y+z)(2y+3z+3x)(2z+3x+3y)}{\prod(2x+3y+3z)}$$

$$= \frac{12\sigma_1^3 + 7\sigma_2\sigma_1 - 3\sigma_3}{18\sigma_1^3 + 3\sigma_1\sigma_2 - \sigma_3} = \frac{12s^3 + 7p\alpha - 3p}{18s^3 + 3p\alpha - p} = \frac{12t + 7\alpha - 3}{18t + 3\alpha - 1}.$$

Considering the function  $f:[t_3,t_4]\to\mathbb{R}$  defined as

$$f(t) = \frac{12t + 7\alpha - 3}{18t + 3\alpha - 1},$$

we get  $f'(t) = \frac{-6(15\alpha - 7)}{(3\alpha + 18t - 1)^2} < 0$ , so f is decreasing for  $t \in [t_3, t_4]$  or  $f(t_4) \le f(t) \le f(t_3)$ , which can be written as

$$\frac{12\alpha^3 + 28\alpha^2 - 75\alpha + 27}{18\alpha^3 + 12\alpha^2 - 31\alpha + 9} \le f(t) \le \frac{55\alpha - 111}{75\alpha - 163}$$

The desired inequality is obtained.

**Remark 2.4.** Since  $\forall \alpha \geq 9$  and  $\frac{R}{r} = \frac{\prod (y+z)}{4xyz} = \frac{p\alpha - p}{4p} = \frac{\alpha - 1}{4}$ , one has the inequalities

$$\frac{6}{\alpha - 1} \le \frac{12\alpha^3 + 28\alpha^2 - 75\alpha + 27}{18\alpha^3 + 12\alpha^2 - 31\alpha + 9}, \quad \frac{55\alpha - 111}{75\alpha - 163} \le \frac{3\alpha - 3}{32},$$

hence we obtain

$$\frac{3}{2} \; \frac{r}{R} \leq \frac{12\alpha^3 + 28\alpha^2 - 75\alpha + 27}{18\alpha^3 + 12\alpha^2 - 31\alpha + 9} \leq \sum_{cyclic} \frac{a}{2a + b + c} \leq \frac{55\alpha - 111}{75\alpha - 163} \leq \frac{3}{8} \; \frac{R}{r} \, .$$

Hence, Application 2.4 is a refinement of Problem 4508 from Crux Mathematicorum, nov. 2020, by George Apostolopoulos, with the statement: Let a, b, c be the side lengths of a triangle with inradius r and circumradius R. Prove that

$$\frac{3}{2} \frac{r}{R} \le \sum_{cyclic} \frac{a}{2a+b+c} \le \frac{3}{8} \frac{R}{r}.$$

### 3. Problems

The following problems can be solved by the proposed method.

**Problem 3.1.** Let a, b, c be positive real numbers and  $\alpha = (\sum a) \left(\sum \frac{1}{a}\right)$ . Prove that

$$\frac{(\sum a)^2}{\sum a^2} + \frac{1}{2} \left( \frac{\sum a^3}{abc} - \frac{\sum a^2}{\sum ab} \right) \ge 4 + \frac{(\alpha - 9)(2\alpha^2 - 15\alpha + 9)}{2\alpha(2\alpha - 9)} \ge 4$$

(Refinement of Klamkin's inequality, Problem 03(2005) Crux Mathematicorum, author Pham Von Thuan).

**Problem 3.2.** Let x, y, z be positive real numbers satisfying  $\sum x^2 = 1$  and  $\alpha = (\sum x) \left(\sum \frac{1}{x}\right)$ . Prove that

a) 
$$\sum \frac{1}{x} - \sum x \ge 2\sqrt{3} + \frac{xyz}{(x+y+z)^2} \left( 2\alpha^2 - 13\alpha + 9 - 2\sqrt{3}\sqrt{8\alpha^2 - 54\alpha + 81} \right) \ge 2\sqrt{3};$$

b) 
$$\sum \frac{1}{x} + \sum x \ge 4\sqrt{3} + \frac{1}{xyz(x+y+z)^2} \left(2\alpha^2 - 5\alpha - 9 - 4\sqrt{24\alpha^2 - 162\alpha + 243}\right) \ge 4\sqrt{3}.$$

(Refinement of Problem 2946, Crux Mathematicorum no 4(2004), author Panos E. Tsaoussoghou).

**Problem 3.3.** Let x, y and z be positive numbers and  $\alpha = (\sum x) \left(\sum \frac{1}{x}\right)$ .

$$\sqrt[3]{\frac{x^3+y^3+z^3}{xyz}} + \sqrt{\frac{xy+yz+zx}{x^2+y^2+z^2}} \ge \sqrt[3]{\alpha-6} + \sqrt{\frac{4\alpha-9}{\alpha^2-8\alpha+18}} \ge \sqrt[3]{3} + 1$$

(Refinement of problem 3467, Crux Mathematicorum oct. 2009, author Tuon Le).

**Problem 3.4.** Let  $h_a, h_b, h_c$  the altitudes, r the inradius of triangle and s the semiperimeter of a triangle, and define  $\alpha = s \sum \frac{1}{s-a}$ . Prove that

$$\frac{h_a - 2r}{h_a + 2r} + \frac{h_b - 2r}{h_b + 2r} + \frac{h_c - 2r}{h_c + 2r} \ge \frac{3}{5} + \frac{6(\alpha - 9)}{90\alpha - 185} \ge \frac{3}{5}$$

(Refinement of Problem 3993, Crux Mathematicorum dec.(2014), author Dragoljub Miloševic).

**Problem 3.5.** Suppose x, y and z are real numbers and  $\alpha = (\sum x) \left(\sum \frac{1}{x}\right)$ . Prove that

$$(x^3 + y^3 + z^3)^2 + 3(xyz)^2 \ge 4(y^3z^3 + z^3x^3 + x^3z^3) + x^2y^2z^2f(\alpha) \ge 2(x^3y^3 + y^3z^3 + z^3x^3),$$

where

$$f(\alpha) = \frac{1}{32}(\alpha - 9)\left(\alpha^3 - 11\alpha^2 + 35\alpha - 57 - (\alpha^2 - 6\alpha + 13)\sqrt{(\alpha - 1)(\alpha - 9)}\right).$$

(Refinement of Problem 2839, Crux Mathematicorum sept.(2003), author Murray Klamkin).

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