

SOME RELATIONS BETWEEN THE TANGENT LENGTHS OF A BICENTRIC QUADRILATERAL

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ABSTRACT. The purpose of this article is to give some new identities and inequalities involving the sides a, b, c, d , the inradius r and circumradius R , the semiperimeter s and the tangent lengths t_1, t_2, t_3, t_4 of a bicentric quadrilateral.

In the following we will call the distances from the vertices to the points of the tangency at the sides with $\mathcal{C}(I, r)$ the tangent lengths.

Let M, N, P, Q the points where AB, BC, CD, DA cut the $\mathcal{C}(I, r)$. We denote the tangent lengths with $AM = t_1, BN = t_2, CP = t_3, DQ = t_4$.

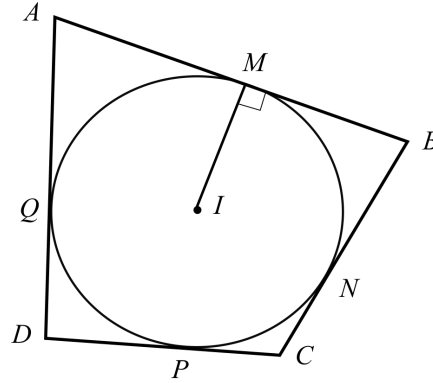


Figure 1

Lemma 1. *In every bicentric quadrilateral the following equalities are true:*

- i) $t_1 + t_2 + t_3 + t_4 = s$;
- ii) $t_1t_2 + t_2t_3 + t_3t_4 + t_4t_1 = 2r \left(\sqrt{4R^2 + r^2} - r \right)$;
- iii) $\sum_{1 \leq i < j \leq 4} t_i t_j = 2r \sqrt{4R^2 + r^2}$;
- iv) $\sum_{1 \leq i < j < k \leq 4} t_i t_j t_k = r^2 s$;
- v) $t_1 t_2 t_3 t_4 = r^4$.

Proof. We have

i) $t_1 + t_2 = a, t_2 + t_3 = b, t_3 + t_4 = c, t_4 + t_1 = d$.

Summing up these equalities we obtain the statement.

ii) Using $\tan \frac{A}{2} = \frac{MI}{AM} = \sqrt{\frac{ad}{bc}}$ we obtain $\frac{r}{t_1} = \sqrt{\frac{ad}{bc}}$ or

$$t_1 = r \sqrt{\frac{bc}{ad}}, t_2 = r \sqrt{\frac{cd}{ba}}, t_3 = r \sqrt{\frac{ad}{bc}}, t_4 = r \sqrt{\frac{ab}{cd}}.$$

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So

$$\begin{aligned}
t_1t_2 + t_2t_3 + t_3t_4 + t_4t_1 &= r^2 \left(\frac{a}{c} + \frac{b}{d} + \frac{c}{a} + \frac{d}{b} \right) \\
&= r^2 \left(\frac{(a+c)^2}{ac} - 2 + \frac{(b+d)^2}{bd} - 2 \right) = r^2 \left(s^2 \frac{ac+bd}{abcd} - 4 \right) \\
&= r^2 \left(\frac{ac+bd}{r^2} - 4 \right) = r^2 \left(\frac{ac+bd-4r^2}{r^2} \right) \\
&= ac+bd-4r^2 = 2r\sqrt{4R^2+r^2} - 2r^2
\end{aligned}$$

iii) We have $t_1t_3 = t_2t_4 = r^2$. So from ii) we have

$$\sum_{1 \leq i < j \leq 4} t_it_j = 2r\sqrt{4R^2+r^2} - 2r^2 + 2r^2 = 2r\sqrt{4R^2+r^2}$$

$$\begin{aligned}
iv) \quad \sum_{1 \leq i < j < k \leq 4} t_it_jt_k &= r^2 \left(\sqrt{\frac{ab}{cd}} + \sqrt{\frac{cb}{da}} + \sqrt{\frac{dc}{ab}} + \sqrt{\frac{ad}{bc}} \right) \\
&= r^3 \left(\frac{ab+dc}{\sqrt{abcd}} + \frac{bc+ad}{\sqrt{abcd}} \right) = r^3 \frac{ab+dc+bc+ad}{rs} = r^2s
\end{aligned}$$

v) $t_1t_3 = t_2t_4 = r^2$ from which $t_1t_2t_3t_4 = r^4$. □

Theorem 1. *Let $ABCD$ a bicentric quadrilateral. Then t_1, t_2, t_3, t_4 are the roots of a four degree equation with the coefficient depending only on a, b, c, d .*

Proof. t_1, t_2, t_3, t_4 are the roots of the equation $t^4 - \sigma_1t^3 + \sigma_2t^2 - \sigma_3t + \sigma_4 = 0$, where according to the lemma

$$\sigma_1 = s, \quad \sigma_2 = 2r\sqrt{4R^2+r^2}.$$

But $ac+bd = 2r\sqrt{4R^2+r^2} + 2r^2$ or

$$\begin{aligned}
\sigma_2 &= ac+bd-2r^2 = ac+bd - \frac{2abcd}{s^2} \\
\sigma_3 &= r^2s = \frac{abcd}{s} \\
\sigma_4 &= 4r^4 = \frac{4a^2b^2c^2d^2}{s^4}.
\end{aligned}$$

So $\sigma_1, \sigma_2, \sigma_3, \sigma_4$ depend only on a, b, c, d . We obtain the equation

$$t^4 - \frac{\sum a}{2}t^3 + \left(ac+bd - \frac{8abcd}{(\sum a)^2} \right)t^2 - \frac{2abcd}{\sum a}t + \frac{16a^2b^2c^2d^2}{(\sum a)^4} = 0$$

with the roots t_1, t_2, t_3, t_4 . □

Theorem 2. *Let $ABCD$ a bicentric quadrilateral. Then t_1, t_2, t_3, t_4 are the roots of a four degree equation with the coefficient depending only on R, r and s .*

Proof. From lemma we have

$$t^4 - st^3 + 2r\sqrt{4R^2+r^2}t^2 - r^2st + r^4 = 0$$

the equation having the roots t_1, t_2, t_3, t_4 . □

Corollary 1. *Let $ABCD$ a bicentric quadrilateral. Then t_1, t_3 are the roots of the equation $st^2 - x_1t + sr^2 = 0$ and t_2, t_4 are the roots of the equation $st^2 - x_2t + sr^2 = 0$.*

Proof. We have $\frac{t_1^2}{r^2} = \frac{bc}{ad}$ or $\frac{t_1^2 + r^2}{r^2} = \frac{x_1}{ad}$. Also $\frac{t_1^2 + r^2}{t_1^2} = \frac{x_1}{bc}$.

Multiplying these two equalities, we obtain

$$\left(\frac{t_1^2 + r^2}{rt_1}\right)^2 = \left(\frac{x_1}{sr}\right)^2 \quad \text{or} \quad (t_1^2 + r^2)s = x_1t, \quad \text{or}$$

$$st_1^2 - x_1t_1 + r^2s = 0$$

$$st_2^2 - x_2t_2 + r^2s = 0$$

$$st_3^2 - x_1t_3 + r^2s = 0$$

$$st_4^2 - x_2t_4 + r^2s = 0,$$

from which it follows the statement. \square

Corollary 2. *In every bicentric quadrilateral the following equality is true:*

$$\begin{aligned} & t^4 - st^3 + 2r\sqrt{4R^2 + r^2}t^2 - r^2st + r^4 \\ &= \left(t^2 - \frac{x_1}{s}t + r^2\right)\left(t^2 - \frac{x_2}{s}t + r^2\right). \end{aligned}$$

Proof. We have

$$\begin{aligned} & \left(t^2 - \frac{x_1}{s}t + r^2\right)\left(t^2 - \frac{x_2}{s}t + r^2\right) \\ &= t^4 - \left(\frac{x_1 + x_2}{s}\right)t^3 + \left(2r^2 + \frac{x_1x_2}{s^2}\right)t^2 - \frac{r^2}{s}(x_1 + x_2)t + r^4 \\ &= t^4 - st^3 + \left(2r^2 + \frac{16R^2r^2}{2r(\sqrt{4R^2 + r^2} + r)}\right)t^2 - r^2st + r^4 \\ &= t^4 - st^3 + 2r\sqrt{4R^2 + r^2}t^2 - r^2st + r^4. \end{aligned}$$

In the following we will write t_1, t_2, t_3, t_4 according only to x_1, x_2, r . \square

Corollary 3. *In every bicentric quadrilateral we have*

$$\{t_1, t_3\} = \frac{x_1 \pm \sqrt{x_1^2 - 4r^2s^2}}{2s} \quad \text{and} \quad \left\{ \frac{x_2 \pm \sqrt{x_2^2 - 4r^2s^2}}{2s} \right\}$$

since $s = \sqrt{x_1 + x_2}$.

Proof. It follows from Corollary 1. \square

Remark 1. Since $x_1 = ab + cd$, $x_2 = ac + bd$, it follows that t_1, t_2, t_3, t_4 may be written according only to a, b, c, d .

Corollary 4. *In every bicentric quadrilateral we have*

$$\begin{aligned} & (a - b)^2(a - c)^2(a - d)^2(b - c)^2(b - d)^2(c - d)^2 \\ &= (t_1 - t_3)^4(t_2 - t_4)^4 \left[(t_1 - t_3)^2 - (t_2 - t_4)^2 \right]. \end{aligned}$$

Proof. Since $a = t_1 + t_2$, $b = t_2 + t_3$, $c = t_3 + t_4$, $d = t_4 + t_1$, then

$$\begin{aligned} & (a-b)^2(a-c)^2(a-d)^2(b-c)^2(b-d)^2(c-d)^2 \\ &= (t_1-t_3)^2(t_1+t_2-t_3-t_4)(t_2-t_4)^2(t_2-t_4)^2(t_2+t_3-t_1-t_4)^2(t_3-t_1)^2 \\ &= (t_1-t_3)^4(t_2-t_4)^4 [(t_1-t_3)^2 - (t_2-t_4)^2]^2. \end{aligned}$$

□

In the following we will write t_1, t_2, t_3, t_4 using only a, b, c, d .

Corollary 5. *In every bicentric quadrilateral the following equality is true:*

$$t_1 = \frac{bc}{s}, \quad t_2 = \frac{cd}{s}, \quad t_3 = \frac{da}{s}, \quad t_4 = \frac{ab}{s}.$$

Proof. We have

$$t_1 = r\sqrt{\frac{bc}{ad}} = \frac{F}{s}\sqrt{\frac{bc}{ad}} = \frac{\sqrt{abcd}}{s}\sqrt{\frac{bc}{ad}} = \frac{bc}{s}.$$

□

Corollary 6. *In every bicentric quadrilateral the following equality is true:*

$$\begin{aligned} & (a-b)^2(a-c)^2(a-d)^2(b-c)^2(b-d)^2(c-d)^2 \\ &= 16s^2r^4 \left[\left(\sqrt{4R^2 + r^2} \right)^2 - s^2 \right] \left[s^2 - 8r \left(\sqrt{4R^2 + r^2} - r \right) \right]. \end{aligned}$$

Proof. We compute

$$\begin{aligned} & s^8(t_1-t_3)^4(t_2-t_4)^4 = (ad-bc)^4(ab-dc)^4 \\ &= [(ad+bc)^2 - 4abcd]^2 [(ab+dc)^2 - 4abcd]^2 \\ &= [(x_1^2 - 4F)^2(x_2^2 - 4F)^2]^2 = [(x_1x_2)^2 - 4F^2(x_1^2 + x_2^2) + 16F^4]^2 \\ &= \left[4r^2(\sqrt{4R^2 + r^2} - r)^2 s^4 - 4s^6r^2 + 8s^2r^2 \cdot 2r(\sqrt{4R^2 + r^2} - r)s^2 + 16s^4r^4 \right]^2 \\ &= 4^2s^8r^4 \left[(\sqrt{4R^2 + r^2} - r)^2 - s^2 + 4r(\sqrt{4R^2 + r^2} - r) + 4r^2 \right] \\ &= 4^2r^4s^8 \left[(\sqrt{4R^2 + r^2} + r)^2 - s^2 \right]^2. \end{aligned}$$

Also

$$\begin{aligned} & s^4 [(t_1-t_3)^2 - (t_2-t_4)^2]^2 = [(ad-bc)^2 - (ab-cd)^2]^2 \\ &= [(ad+bc)^2 - 4abcd - (ab+cd)^2 + 4abcd]^2 = (x_1^2 - x_2^2)^2 \\ &= (x_1^2 + x_2^2)^2 - 4x_1^2x_2^2 = [(x_1+x_2)^2 - 2x_1x_2]^2 - 4x_1^2x_2^2 \\ &= (s^4 - 2x_1x_2)^2 - 4x_1^2x_2^2 = s^8 - 4s^4x_1x_2 \\ &= s^4 \left[s^4 - 8r(\sqrt{4R^2 + r^2} - r)s^2 \right] \\ (1) \quad &= s^6 \left[s^2 - 8r(\sqrt{4R^2 + r^2} - r) \right]. \end{aligned}$$

We obtain

$$(t_1-t_3)^4(t_2-t_4)^4 = 16r^4 \left[\left(\sqrt{4R^2 + r^2} + r \right)^2 - s^2 \right]^2$$

and

$$[(t_1 - t_3)^2 - (t_2 - t_4)^2] = s^2 \left[s^2 - 8r \left(\sqrt{4R^2 + r^2} - r \right) \right]$$

From (1) and Corollary 4 we obtain the statement. \square

Let $M = AB \cap \mathcal{C}(I, r)$. We have:

Lemma 2. *Let $ABCD$ a bicentric quadrilateral. Then $MO = \sqrt{R^2 - \frac{bc^2d}{s^2}}$.*

Proof. We have $R^2 - MO^2 = t_1t_2$ or $MO = \sqrt{R^2 - \frac{bc^2d}{s^2}}$. \square

Corollary 7. *In every bicentric quadrilateral the following equality is true:*

$$MO^2 + NO^2 + PO^2 + QO^2 = \left(\sqrt{4R^2 + r^2} - r \right)^2.$$

Proof. From Corollary 6 we have

$$\begin{aligned} MO^2 + NO^2 + PO^2 + QO^2 &= 4R^2 - \left(\frac{a^2bd}{s^2} + \frac{ab^2c}{s^2} + \frac{bc^2d}{s^2} + \frac{ad^2c}{s^2} \right) \\ &= 4R^2 - \frac{ac(b^2+d^2) + bd(a^2+c^2)}{s^2} = 4R^2 - \frac{ac(s^2-2bd) + bd(s^2-2ac)}{s^2} \\ &= 4R^2 - \frac{s^2(ac+bd) - 4abcd}{s^2} = 4R^2 - ac - bd + 4r^2 \\ &= 4R^2 - 2r\sqrt{4R^2 + r^2} - 2r^2 + 4r^2 = \left(\sqrt{4R^2 + r^2} - r \right)^2. \end{aligned}$$

\square

Theorem 3 (Fuss). *In every bicentric quadrilateral the following equality is true:* $\bar{d}^2 = R^2 + r^2 - r\sqrt{4R^2 + r^2}$.

Proof. From sine theorem in triangle MOA , we have

$$\frac{R}{\sin \alpha} = \frac{a}{\sin(\pi - 2\alpha)} \text{ or } \cos \alpha = \frac{a}{2R}.$$

From sine theorem in triangle MOB we have $\frac{BO}{\sin \beta} = \frac{MO}{\sin \alpha}$ or

$$\sin \beta = \frac{BO}{MO} \sin \alpha = \frac{R}{MO} \sqrt{1 - \frac{a^2}{4R^2}} = \frac{1}{2MO} \sqrt{4R^2 - a^2}.$$

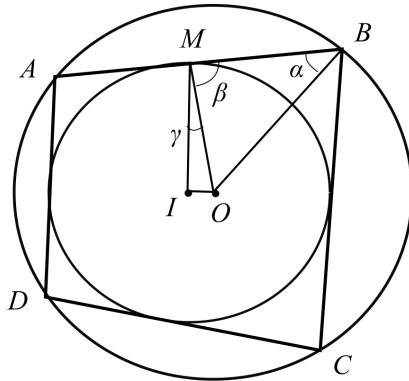


Figure 2

We have

$$\cos \gamma = \cos \left(\frac{\pi}{2} - \beta \right) = \sin \beta = \frac{1}{2MO} \sqrt{4R^2 - a^2}.$$

From cosine theorem in MIO triangle we have

$$\bar{d}^2 = MI^2 + MO^2 - 2MI \cdot MO \cos \gamma = r^2 + R^2 - \frac{bc^2d}{s^2} - r\sqrt{4R^2 - a^2}$$

In the same way

$$\begin{aligned} \bar{d} &= R^2 + r^2 - \frac{ad^2c}{s^2} - r\sqrt{4R^2 - b^2} \\ \bar{d} &= R^2 + r^2 - \frac{ba^2d}{s^2} - r\sqrt{4R^2 - c^2} \quad \text{and} \\ \bar{d}^2 &= R^2 + r^2 - \frac{cd^2a}{s^2} - r\sqrt{4R^2 - d^2} \end{aligned}$$

By summing up we get

$$\begin{aligned} 4\bar{d}^2 &= 4R^2 + 4r^2 - \frac{1}{s^2} (a^2bd + bc^2d + ad^2c + ab^2c) \\ (2) \quad &-r \left(\sqrt{4R^2 - a^2} + \sqrt{4R^2 - b^2} + \sqrt{4R^2 - c^2} + \sqrt{4R^2 - d^2} \right) \end{aligned}$$

We have

$$\begin{aligned} \frac{1}{s^2} (a^2bd + bc^2d + ad^2c + ab^2d) &= \frac{1}{s^2} [(a^2 + c^2)bd + (b^2 + d^2)ac] \\ (3) \quad &= \frac{1}{s^2} (s^2(ac + bd) - 4s^2r^2) = ac + bd - 4r^2 \end{aligned}$$

□

To prove (2) we will prove the following lemma:

Lemma 3. *In every bicentric quadrilateral the following equality is true:*

$$\sqrt{4R^2 - a^2} + \sqrt{4R^2 - b^2} + \sqrt{4R^2 - c^2} + \sqrt{4R^2 - d^2} = 2\sqrt{4R^2 + r^2} + 2r$$

Proof.

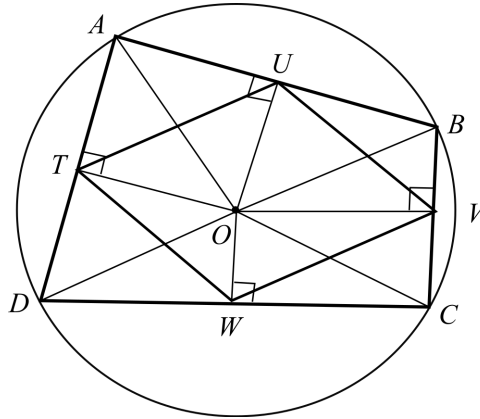


Figure 3

Let $OU \perp AB$, $OV \perp BC$, $OW \perp DC$, $OT \perp AD$.

We denote $OU = x$, $OV = y$, $OW = z$, $OT = t$, $BD = d_1$, $AC = d_2$,

$UT = VW = \frac{d_1}{2}$, $UV = TW = \frac{d_2}{2}$, $OA = OB = OC = OD = R$.

From Ptolemy theorem in cyclic quadrilateral $AUOT$, $BUOV$, $CVOW$,

$OTDW$, we have $\frac{xd}{2} + \frac{at}{2} = \frac{d_1R}{2}$, $\frac{xb}{2} + \frac{ya}{2} = \frac{d_2R}{2}$, $\frac{zb}{2} + \frac{yc}{2} = \frac{d_1R}{2}$,

$\frac{zd}{2} + \frac{ct}{2} = \frac{d_2R}{2}$. Adding these equalities we obtain

$$x(b+d) + y(a+c) + z(b+d) + t(a+c) = 2R(d_1 + d_2)$$

or $x + y + z + t = \frac{2R(d_1 + d_2)}{s}$.

We denote $\alpha = d_1 + d_2$. But from Ptolemy theorem we have $\frac{d_1}{d_2} = \frac{x_2}{x_1}$ and

$d_1d_2 = x_3 = 2r(\sqrt{4R^2 + r^2} + r)$. So $\frac{d_1}{\alpha} = \frac{x_2}{s^2}$ and $\frac{d_2}{\alpha} = \frac{x_1}{s^2}$.

By multiplying we obtain $\frac{d_1d_2}{\alpha^2} = \frac{x_1x_2}{s^4}$. But $x_1x_2 = \frac{16R^2r^2s^2}{x_3}$.

We obtain $\frac{x_3}{\alpha^2} = \frac{16R^2r^2}{x_3s^2}$ or $\alpha = \frac{x_3s}{4Rr}$.

So we obtain $x + y + z + t = \sqrt{4R^2 + r^2} + r$.

But $x = \frac{1}{2}\sqrt{4R^2 - a^2}$. So $\frac{1}{2}\sum\sqrt{4R^2 - a^2} = \sqrt{4R^2 + r^2} + r$ or

$$(4) \quad \sum\sqrt{4R^2 - a^2} = 2\sqrt{4R^2 + r^2} + 2r$$

If we replace (3) and (4) in (2) we obtain

$$4\bar{d}^2 = 4R^2 + 4r^2 - 2r\sqrt{4R^2 + r^2} - 2r^2 + 4r^2 - 2r\sqrt{4R^2 + r^2} - 2r^2 \quad \text{or}$$

$$4\bar{d}^2 = 4R^2 + 4r^2 - 4r\sqrt{4R^2 + r^2} \quad \text{or} \quad \bar{d}^2 = R^2 + r^2 - r\sqrt{4R^2 + r^2}. \quad \square$$

Corollary 8. Let M, N, P, Q the points where AB, BC, CD, DA cut $\mathcal{C}(I, r)$. Then

$$\begin{aligned} MN &= 2r\sqrt{\frac{t_2}{t_2 + t_4}}, & NP &= 2r\sqrt{\frac{t_3}{t_1 + t_3}}, \\ PQ &= 2r\sqrt{\frac{t_4}{t_2 + t_4}}, & MQ &= 2r\sqrt{\frac{t_1}{t_1 + t_3}}. \end{aligned}$$

Proof. We have $AI = \frac{r}{\sin \frac{A}{2}}$. Since $AMIQ$ is cyclic, from Ptolemy theorem we have $AM \cdot QI + MI \cdot AQ = MQ \cdot AI$ or $MQ \cdot AI = 2t_1r$, or

$$\begin{aligned} MQ &= \frac{2t_1r}{r/\sin \frac{A}{2}} = 2t_1 \sin \frac{A}{2} = 2t_1 \sqrt{\frac{ad}{ad + bc}} \\ &= 2t_1 \sqrt{\frac{t_3}{t_1 + t_3}} = 2\sqrt{t_1t_3} \sqrt{\frac{t_1}{t_1 + t_3}} = 2r \sqrt{\frac{t_1}{t_1 + t_3}} \end{aligned}$$

□

Corollary 9. *In every bicentric quadrilateral, $MP \perp QN$ with the notation from above.*

Proof. From Corollary 8 we have $MQ^2 + NP^2 = MN^2 + QP^2$. So $MNPQ$ is orthodiagonal. \square

Corollary 10. *In every bicentric quadrilateral we have*

$$MN \cdot NP \cdot PQ \cdot QM = \frac{2r^5 (\sqrt{4R^2 + r^2} + r)}{R^2}.$$

Proof. From Corollary 8 we have

$$\begin{aligned} MN \cdot NP \cdot PQ \cdot QN &= \frac{16\sqrt{t_1 t_2 t_3 t_4} r^4}{(t_1 + t_3)(t_2 + t_4)} = \frac{16r^5}{2r (\sqrt{4R^2 + r^2} - r)} \\ &= \frac{2r^5}{R^2} (\sqrt{4R^2 + r^2} + r). \end{aligned}$$

\square

Corollary 11. *In every bicentric quadrilateral the following inequality is true:*

$$\begin{aligned} 4r \sqrt{1 + \sqrt{\frac{2r}{\sqrt{4R^2 + r^2} - r}}} &\leq MN + NP + PQ + QM \leq \\ &\leq \frac{r (\sqrt{4R^2 + r^2} + 2\sqrt{2}R + r)}{2} \leq 4\sqrt{2}r. \end{aligned}$$

Proof. According to Corollary 8 we have $f : [s_1, s_2] \rightarrow \mathbb{R}$,

$$\begin{aligned} f(s) &= MN + NP + PQ + QM \\ &= 2r \left(\sqrt{\frac{t_2}{t_2 + t_4}} + \sqrt{\frac{t_4}{t_2 + t_4}} + \sqrt{\frac{t_1}{t_1 + t_3}} + \sqrt{\frac{t_3}{t_1 + t_3}} \right) \\ &= 2r \left(\frac{\sqrt{ab} + \sqrt{cd}}{\sqrt{ab + cd}} + \frac{\sqrt{ad} + \sqrt{bc}}{\sqrt{ad + bc}} \right) = 2r \left(\sqrt{\frac{x_1 + 2sr}{x_1}} + \sqrt{\frac{x_2 + 2sr}{x_2}} \right) \\ &= 2r \sqrt{2 + \frac{2sr(x_1 + x_2)}{x_1 x_2}} + 2\sqrt{\frac{x_1 x_2 + 2sr(x_1 + x_2) + 4s^2 r^2}{x_1 x_2}} \\ &= 2r \sqrt{2 + \frac{2sr s^2 x_3}{16R^2 r^2 s^2}} + 2\sqrt{1 + \frac{2sr s^2 x_3}{16R^2 r^2 s^2} + \frac{4s^2 r^2 x_3}{16R^2 r^2 s^2}} \\ &= 2r \sqrt{2 + \frac{s x_3}{8R^2 r}} + 2\sqrt{1 + \frac{s x_3}{8R^2 r} + \frac{x_3}{4R^2}}, \end{aligned}$$

which is increasing in s . So

$$f(s_1) \leq f(s) \leq f(s_2)$$

or

$$\begin{aligned} M_1 N_1 + N_1 P_1 + P_1 Q_1 + Q_1 M_1 &\leq MN + NP + PQ + QN \leq \\ &\leq M_2 N_2 + N_2 P_2 + P_2 Q_2 + Q_2 M_2, \end{aligned}$$

where M_1, N_1, P_1, Q_1 represent the intersection of the incircle with the sides of $A_1B_1C_1D_1$ from Blundon theorem and M_2, N_2, P_2, Q_2 the intersection of the sides $A_2B_2C_2D_2$ with incircle $\mathcal{C}(I, r)$.

We have

$$M_1N_1 + N_1P_1 + P_1Q_1 + Q_1M_1 = 2r \left(\frac{\sqrt{a_1b_1} + \sqrt{c_1d_1}}{\sqrt{a_1b_1 + c_1d_1}} + \frac{\sqrt{a_1d_1} + \sqrt{b_1c_1}}{\sqrt{a_1d_1 + b_1c_1}} \right)$$

From Blundon-Eddy theorem we have

$$\begin{aligned} a_1 = c_1 &= \sqrt{R^2 - (r-d)^2} + \sqrt{R^2 - (r+d)^2} \\ b_1 &= 2\sqrt{R^2 - (r-d)^2}, \quad d_1 = 2\sqrt{R^2 - (r+d)^2} \end{aligned}$$

So

$$\begin{aligned} M_1N_1 + N_1P_1 + P_1Q_1 + Q_1M_1 &= 2 \frac{\sqrt{b_1} + \sqrt{d_1}}{\sqrt{b_1 + d_1}} = 2 \sqrt{\frac{b_1 + d_1 + 2\sqrt{b_1d_1}}{b_1 + d_1}} \\ &= 2 \sqrt{1 + \frac{2\sqrt{4r^2}}{s_1}} = 2 \sqrt{1 + \frac{4r}{\sqrt{8r(\sqrt{4R^2 + r^2} - r)}}} = 2 \sqrt{1 + \sqrt{\frac{2r}{\sqrt{4R^2 + r^2}}}} \end{aligned}$$

Also

$$M_2N_2 + N_2P_2 + P_2Q_2 + Q_2M_2 = 2r \left(\frac{\sqrt{a_2b_2} + \sqrt{c_2d_2}}{\sqrt{a_2b_2 + c_2d_2}} + \frac{\sqrt{a_2d_2} + \sqrt{b_2c_2}}{\sqrt{a_2d_2 + b_2c_2}} \right).$$

From Blundon theorem we have

$$a_2 = b_2 = \frac{2R}{R+d} \sqrt{(R+d)^2 - r^2}, \quad c_2 = d_2 = \frac{2R}{R-d} \sqrt{(R-d)^2 - r^2}$$

So

$$\begin{aligned} &M_2N_2 + N_2P_2 + P_2Q_2 + Q_2M_2 \\ &= \frac{a_2 + c_2}{\sqrt{a_2^2 + c_2^2}} + \sqrt{2} = \frac{a_2 + c_2}{\sqrt{(a_2 + c_2)^2 - 2a_2c_2}} = \frac{s_2}{\sqrt{s_2^2 - \frac{16R^2r^2}{R^2 - d^2}}} \end{aligned}$$

We have

$$\begin{aligned} a_2c_2 &= \frac{4R^2}{R^2 - d^2} \sqrt{[(R+d)^2 - r^2][(R-d)^2 - r^2]} \\ &= \frac{4R^2}{R^2 - d^2} \sqrt{[(R-r)^2 - d^2][(R+r)^2 - d^2]} \\ &= \frac{4R^2}{R^2 - d^2} \sqrt{(r\sqrt{4R^2 + r^2} - 2Rr)(r\sqrt{4R^2 + r^2} + 2Rr)} = \frac{4R^2r^2}{R^2 - d^2} \end{aligned}$$

So

$$M_2N_2 + N_2P_2 + P_2Q_2 + Q_2M_2 = \frac{\sqrt{4R^2 + r^2} + r}{\sqrt{(\sqrt{4R^2 + r^2} + r)^2 - \frac{8R^2r^2}{R^2 - d^2}}} + \sqrt{2}$$

We have

$$\begin{aligned}
& \left(\sqrt{4R^2 + r^2} + r \right)^2 - \frac{8^2 r^2}{R^2 - d^2} \\
&= 4R^2 + 2r^2 + 2r\sqrt{4R^2 + r^2} - \frac{8R^2 r^2}{r \left(\sqrt{4R^2 + r^2} - r \right)} \\
&= 4R^2 + 2r^2 + 2r\sqrt{4R^2 + r^2} - 2r \left(\sqrt{4R^2 + r^2} + r \right) = 4R^2
\end{aligned}$$

We obtain

$$M_2 N_2 + N_2 P_2 + P_2 Q_2 + Q_2 M_2 = \frac{\left(\sqrt{4R^2 + r^2} + r + 2\sqrt{2}R \right) r}{R}.$$

□

Corollary 12. *In every bicentric quadrilateral the following inequality is true:*

$$MN + NP + PQ + QM \geq \frac{8r^2}{R}$$

Proof. From Corollary 11, if we denote $\frac{R}{r} = x \geq \sqrt{x}$, it will be sufficient to prove that

$$\sqrt{1 + \sqrt{\frac{2}{\sqrt{4x^2 + 1} - 1}}} \geq \frac{2}{x} \quad \text{or} \quad x^2 + x^2 \sqrt{\frac{2}{\sqrt{4x^2 + 1} - 1}} \geq 4,$$

or

$$(5) \quad x^2 \sqrt{\frac{2}{\sqrt{4x^2 + 1} - 1}} \geq 4 - x^2.$$

If $x \geq \sqrt{2}$ the inequality is true.

We will prove that inequality (5) is true for each $\sqrt{2} \leq x \leq 2$.

If we denote $x^2 = y$, we will prove that $y \sqrt{\frac{2}{\sqrt{4y + 1} - 1}} \geq 4 - y$, $\forall y \in [2, 4]$

$$\begin{aligned}
& \text{or } 2y^2 \geq (4 - y)^2 \sqrt{4y + 1} - (4 - y)^2, \forall y \in [2, 4], \\
& \text{or } 3y^2 - 8y + 16)^2 \geq (4 - y)^4 (4y + 1), \forall y \in [2, 4], \\
& \text{or } (y - 2)(y^3 - 16y^2 + 72y - 128) \leq 0, \forall y \in [2, 4], \\
& \text{or } y^3 - 16y^2 + 72y - 128 \leq 0, \forall y \in [2, 4].
\end{aligned}$$

Since $y^3 - 16y^2 + 72y - 128 = 0$ has only real roots $y_0 \simeq 10, 148$ and $f : \mathbb{R} \rightarrow \mathbb{R}$ is an increasing function, it follows that $f(y) \leq 0$, $\forall y \in [2, 4]$. □

Corollary 13. *In every bicentric quadrilateral the following inequality is true:*

$$\begin{aligned}
& \frac{32r^4 \left(\sqrt{4R^2 + r^2} - 2r \right)}{\sqrt{4R^2 + r^2} - r} \geq MN^4 + NP^4 + PQ^4 + QM^4 \geq \\
& \geq \frac{r^4 \left(24R^4 - 8R^2 r^2 - 4r^4 - 4r^3 \sqrt{4R^2 + r^2} \right)}{R^4}
\end{aligned}$$

Proof. From Corollary 8 we have $f : [s_1, s_2] \rightarrow \mathbb{R}$

$$\begin{aligned}
f(s) &= MN^4 + NP^4 + PQ^4 + QM^4 = 16r^4 \left[\frac{t_1^2 + t_3^2}{(t_1 + t_3)^2} + \frac{t_2^2 + t_4^2}{(t_2 + t_4)^2} \right] \\
&= 16r^4 \left[\frac{\frac{ad}{bc} + \frac{bc}{ad}}{\frac{ad}{bc} + \frac{bc}{ad} + 2} + \frac{\frac{ab}{cd} + \frac{cd}{ab}}{\frac{ab}{cd} + \frac{cd}{ab} + 2} \right] \\
&= 16r^4 \left[\frac{(ad + bc)^2 - 2abcd}{(ad + bc)^2} + \frac{(ab + cd)^2 - 2abcd}{(ab + dc)^2} \right] \\
&= 16r^4 \left(\frac{x_1^2 - 2r^2s^2}{x_1^2} + \frac{x_2^2 - 2r^2s^2}{x_2^2} \right) = 16r^4 \left(2 - \frac{2r^2s^2(x_1^2 + x_2^2)}{x_1^2x_2^2} \right) \\
&= 16r^4 \left[2 - \frac{2r^2s^2(s^4 - 2x_1x_2)}{x_1^2x_2^2} \right] = 16r^4 \left[2 - \frac{2r^2s^2 \left(s^4 - \frac{32R^2r^2s^2}{x_3} \right)}{\frac{256R^2r^2s^2}{x_3}} \right] \\
&= 16r^4 \left[2 - \frac{x_3(x_3s^4 - 32R^2r^2s^2)}{128R^2} \right].
\end{aligned}$$

From Blundon-Eddy inequality we have

$$\begin{aligned}
x_3s^2 &\geq x_3 \cdot 8r \left(\sqrt{4R^2 + r^2} - r \right) \\
&= 16r^2 \left(\sqrt{4R^2 + r^2} + r \right) \left(\sqrt{4R^2 + r^2} - r \right) = 64R^2r^2 \geq 32R^2r^2,
\end{aligned}$$

or $x_3s^2 > 32R^2r^2$.

So, if we consider the function $g : [s_1, s_2] \rightarrow \mathbb{R}$,

$$g(s) = x_3s^4 - 32R^2r^2s^2 = s^2(x_3s^2 - 32R^2r^2)$$

g is an increasing function as a product of two positive increasing functions.

It follows that $f : [s_1, s_2] \rightarrow \mathbb{R}$, $f(s) = 16r^4 \left(2 - \frac{x_3g(s)}{128R^2} \right)$ is a decreasing function on $[s_1, s_2]$, or $f(s_2) \leq f(s) \leq f(s_1)$, $\forall s \in [s_1, s_2]$, or

$$\begin{aligned}
M_1N_1^4 + N_1P_1^4 + P_1Q_1^4 + Q_1M_1^4 &\geq MN^4 + NP^4 + PQ^4 + QM^4 \geq \\
&\geq M_2N_2^4 + N_2P_2^4 + P_2Q_2^4 + Q_2M_2^4.
\end{aligned}$$

We have

$$\begin{aligned}
&M_1N_1^4 + N_1P_1^4 + P_1Q_1^4 + Q_1M_1^4 \\
&= 16r^4 \left(\frac{a_1^2d_1^2 + b_1^2c_1^2}{(a_1d_1 + b_1c_1)^2} + \frac{a_1^2b_1^2 + c_1^2d_1^2}{(a_1b_1 + c_1d_1)^2} \right) \\
&= \frac{32r^4 \frac{b_1^2 + d_1^2}{(b_1 + d_1)^2} \pm 32r^4 \frac{(b_1 + d_1)^2 - 2b_1d_1}{(b_1 + d_1)^2}}{s_1^2} = \frac{32r^4 (s_1^2 - 8r^2)}{s_1^2} \\
&= \frac{32r^4 \left(8r \left(\sqrt{4R^2 + r^2} - r \right) - 8r^2 \right)}{8r \left(\sqrt{4R^2 + r^2} - r \right)} = \frac{32r^4 \left(\sqrt{4R^2 + r^2} - 2r \right)}{\sqrt{4R^2 + r^2} - r}.
\end{aligned}$$

Also

$$\begin{aligned} & M_1N_1^4 + N_1P_1^4 + P_1Q_1^4 + Q_1M_1^4 \\ &= 16r^4 \left(\frac{a_2^2d_2^2 + b_2^2c_2^2}{(a_2d_2 + b_2c_2)^2} + \frac{a_2^2b_2^2 + c_2^2d_2^2}{(a_2b_2 + c_2d_2)^2} \right) \\ &= 16r^4 \left(\frac{2a_2^2c_2^2}{4a_2^2c_2^2} + \frac{a_2^4 + c_2^4}{(a_2^2 + c_2^2)^2} \right) = 16r^4 \left(\frac{1}{2} + \frac{a_2^4 + c_2^4}{(a_2^2 + c_2^2)^2} \right). \end{aligned}$$

We have $a_2 + c_2 = s_2 = \sqrt{4R^2 + r^2} + r$. Also

$$a_2c_2 = \frac{4R^2r^2}{R^2 - d^2} = r \left(\sqrt{4R^2 + r^2} + r \right).$$

We have

$$\begin{aligned} a_2^2 + c_2^2 &= (a_2 + c_2)^2 - 2a_2c_2 \\ &= \left(\sqrt{4R^2 + r^2} + r \right)^2 - 2r \left(\sqrt{4R^2 + r^2} + r \right) \\ &= \left(\sqrt{4R^2 + r^2} + r \right) \left(\sqrt{4R^2 + r^2} - r \right) = 4R^2 \end{aligned}$$

Also

$$\begin{aligned} a_2^4 + c_2^4 &= (a_2^2 + c_2^2)^2 - 2a_2^2c_2^2 = 16R^4 - 2r^2 \left(\sqrt{4R^2 + r^2} + r \right)^2 \\ &= 16R^4 - 8R^2r^2 - 4r^4 - 4r^3\sqrt{4R^2 + r^2} \end{aligned}$$

So

$$\begin{aligned} & M_2N_2^4 + N_2P_2^4 + P_2Q_2^4 + Q_2M_2^4 \\ &= 16r^4 \left(\frac{1}{2} + \frac{16R^4 - 8R^2r^2 - 4r^4 - 4r^3\sqrt{4R^2 + r^2}}{16R^4} \right) \\ &= r^4 \frac{24R^4 - 8R^2r^2 - 4r^4 - 4r^3\sqrt{4R^2 + r^2}}{R^4}, \end{aligned}$$

from which we obtain the statement. \square

Corollary 14. *In every bicentric quadrilateral the following inequality is true:*

$$16r^4 \leq MN^4 + NP^4 + PQ^4 + QM^4 \leq 8R^2r^2$$

Proof. From Corollary 13 it results that we have to prove

$$MN^4 + NP^4 + PQ^4 + QM^4 \geq 16r^4.$$

It will be sufficient to prove that, if we denote $x = \frac{R}{r} \geq \sqrt{2}$,

$$\frac{24x^4 - 8x^2 - 4\sqrt{4x^2 + 1}}{x^4} \geq 16, \quad \forall x \geq \sqrt{2}$$

or $(2x^4 - 2x^2 - 1)^2 \geq 4x^2 + 1, \forall x \geq \sqrt{2}$, or $4x^6(x^2 - 2) \geq 0$, which is true.

The right side of the inequality from the statement is equivalent using Corollary 13 with $32 \left(\sqrt{4x^2 + 1} - 2 \right) \leq 8x^2 \left(\sqrt{4x^2 + 1} - 1 \right)$ or

$$(x^2 - 4)\sqrt{4x^2 + 1} \geq x^2 - 8, \quad \forall x \geq \sqrt{2}.$$

If $4 \leq x^2 \leq 8$, the inequality is true.

If $2 \leq x^2 \leq 4$, the inequality is equivalent (if we denote $x^2 = y$) to $(8-y)^2 \geq (4-y)^2(4y+1)$, $\forall y \in [2, 4]$, or $(y-2)(y^2-6y+6) \leq 0$, $\forall y \in [2, 4]$, or $y^2 - 6y + 6 \leq 0$, or $y \in [3 - \sqrt{3}, 3 + \sqrt{3}]$.

If $x^2 \geq 8$ the inequality is equivalent to $(y-4)^2(4x^2+1) \geq (y-8)^2$, $\forall y \geq 8$, or $(y-2)(y^2-6y+6) \geq 0$, which is true since $y \geq 8$. \square

In the following we refine the right side of the inequality from Corollary 15.

Corollary 15. *In every bicentric quadrilateral the following inequality is true:*

$$MN^4 + NP^4 + PQ^4 + QM^4 \leq \sqrt[4]{2^{13}} \sqrt{R^3} \sqrt{r}.$$

Proof. In the same way as in Corollary 14, to prove the inequality from statement, it will be sufficient to prove that

$$32 \left(\sqrt{4x^2 + 1} - 2 \right) \leq \sqrt[4]{2^{13}} \sqrt{x^3} \left(\sqrt{4x^2 + 1} - 1 \right), \quad \forall x \geq \sqrt{2},$$

which is verified using Wolphram Alpha. \square

Theorem 4 (Blundon-Eddy). *In every bicentric quadrilateral the following inequality is true:*

$$\sqrt{8r \left(\sqrt{4R^2 + r^2} - r \right)} \leq s \leq \sqrt{4R^2 + r^2} + r.$$

Proof. The left side of the inequality from the statement, using Lemma 1 from equalities $s = t_1 + t_2 + t_3 + t_4$ and $(t_1 + t_3)(t_2 + t_4) = 2r \left(\sqrt{4R^2 + r^2} - r \right)$, is equivalent to $4(t_1 + t_3)(t_2 + t_4) \leq (t_1 + t_3 + t_2 + t_4)^2$ which is true according to AM-GM inequality.

Also

$$\sqrt{4R^2 + r^2} - r = \frac{(t_1 + t_3)(t_2 + t_4)}{2r}$$

or

$$\sqrt{4R^2 + r^2} + r = \frac{(t_1 + t_3)(t_2 + t_4)}{2r} + 2r$$

or, since $r = \sqrt[4]{t_1 t_2 t_3 t_4}$, we have

$$\sqrt{4R^2 + r^2} + r = \frac{(t_1 + t_3)(t_2 + t_4)}{2\sqrt[4]{t_1 t_2 t_3 t_4}} + 2\sqrt[4]{t_1 t_2 t_3 t_4}.$$

So the right side of the inequality from the statement is equivalent to

$$2\sqrt[4]{t_1 t_2 t_3 t_4} (t_1 + t_2 + t_3 + t_4) \leq (t_1 + t_3)(t_2 + t_4) + 4\sqrt[4]{t_1 t_2 t_3 t_4}$$

or, since $t_1 t_3 = t_2 t_4$,

$$2\sqrt{t_1 t_3} \left(t_1 + t_2 + t_3 + \frac{t_1 t_3}{t_2} \right) \leq (t_1 + t_3) \left(t_3 + \frac{t_1 t_3}{t_2} \right) + 4t_1 t_3$$

or

$$2\sqrt{t_1 t_3} [t_1 t_3 + t_2^2 + t_2(t_1 + t_3)] \leq (t_1 + t_3)(t_2^2 + t_1 t_3) + 4t_1 t_3 t_2.$$

If we denote $x = t_2$, $y = t_1 + t_3$, $z = \sqrt{t_1 t_3}$, we obtain

$$2z(x^2 + xy + z^2) \leq y(x^2 + z^2) + 4z^2 x$$

or $(y - 2z)(x^2 + z^2 - xz) \geq 0$,

which is true since, from AM-GM, $t_1 + t_3 \geq 2\sqrt{t_1 t_3}$ or $y \geq 2z$. \square

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