






# FOCUS ON MIND

21.06.2023

THE TOOLBOX IS YOU. MINDFULNESS SCIENCE & PRACTICE  
FROM MIND OVERLOAD TO PRESENCE, STILLNESS & FOCUS  
IN RESEARCH TEAMS

-  **ON WEDNESDAY, 21 JUNE 2023**
-  **STARTS AT 11 AM - 12 PM**
-  **FREE BOOK EXPERIENCE**
-  **FSEGA BUILDING, ROOM C404, TEODOR MIHALI STREET, NO. 58-60, 400591, CLUJ-NAPOCA**



**NICOLETA PFEFFER-BARBELA**

citySTILLE - Mindfulness Center Vienna,  
Founder, Cert. Mindfulness Facilitator

**NEUROSCIENCE & MINDFULNESS  
EXPERIENCE / Q&A**

**ORGANIZERS: DEPARTMENT OF COMPUTER SCIENCE,  
BABEȘ-BOLYAI UNIVERSITY WITHIN THE FRAMEWORK OF  
A GRANT OF THE MINISTRY OF RESEARCH, INNOVATION,  
AND DIGITIZATION, CNCS/CDCDI - UEFISCDI, PROJECT  
NUMBER PN-III-P1-1.1-TE2021-0892 WITHIN PNCDI III."**

**NOVEL APPROACHES BASED ON SOFT COMPUTING FOR  
SOFTWARE EVOLUTION: CHANGE AND DEFECT MANAGEMENT**



**UNIVERSITATEA BABEȘ-BOLYAI**  
Facultatea de Matematică și Informatică

